

EXCEL Convention Events Worksheet

DIVISIONS	EXCEL AWARD	ENTRY RULES/LIMITS
Junior Division: 9-12 on December 31st of current school year Senior Division: 13-18 on December 31st of current school year DRESS CODE KEY (see guidelines for details)	This award is for demonstrating excellence in many categories. To be eligible contestants must enter at least one event in each of the following categories:	1 Early Entry: Due March 25, Maximum 6 per student 2 Athletics: Maximum 6 per student <small>Students entering athletics must enter 2 or more non-athletic events.</small> 3 Performance: Maximum 6 per student 4 Display/Non-Performance: Maximum 6 per student NOTE: Maximum 18 events per student.
1. Casual or Athletic Wear - see guidelines for appropriate wear 2. Business Casual - comfortable but professional 3. Dress Attire - suit jacket & tie for boys/dress clothes for girls 4. Costume - costumes allowed	1. Academics 2. Arts 3. Platform Performance (Music or Persuasive/Dramatics)	

HOW TO REGISTER & PREPARE FOR CONVENTION

www.oregonexcel.com/convention

1	Use the worksheet below to choose your competitions .								
2	Read the guidelines carefully to make sure you understand the description, requirements and judging criteria for each category entered.								
3	Register online. There will be a "Parent Permission" section on the registration form. The entry fee is \$40. Registration is open from January 1st - February 28th .								
4	On or before March 25th , fill out a judge form online for each of your entries. No forms needed for Performance Competitors (121-125), and Athletics (701-734). For performances you will also need to upload any soundtracks, music, scripts or lyrics . Early entries are also due on March 25th with the judge form. This includes writing, technology and photography.								
5	Prepare your entries. All display entries must be checked in at registration with a display card or label that is firmly attached and clearly visible. Example label: <table style="margin-left: 40px; border: none;"> <tr><td style="padding-right: 20px;">Student Name</td><td>_____</td></tr> <tr><td>City, State</td><td>_____</td></tr> <tr><td>Division (Junior/Senior)</td><td>_____</td></tr> <tr><td>Category (i.e. Oil Painting)</td><td>_____</td></tr> </table>	Student Name	_____	City, State	_____	Division (Junior/Senior)	_____	Category (i.e. Oil Painting)	_____
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COMPETITION CATEGORIES

	Category	Description			Dress	Category
ACADEMICS						
Writing (Early Entry)						
	101	Essay Writing	Paper with an evangelistic, Biblical, Christian growth, patriotic, or historical theme. 500-700 words.			1, 4
	102	Poetry Writing	Lyric or narrative poem, folk or literary ballad with a Christian, patriotic, Biblical, evangelistic or historical theme. 8-30 lines.			1, 4
	103	Short Story Writing	Fictional composition based on real experience, purely imaginary, or a fictionalized report of a historical happening. 600-1,000 words.			1, 4
Technology (Early Entry)						
	111	Web Site Design	Create a fully functioning site with a clear practical purpose. Judged real-time over the internet. 1-2 students.			1, 4
	112	Multimedia Presentation	User-directed, stand-alone presentation conveying an academic concept, promotional information, or theological truth. 1 - 2 students.			1, 4
	113	Video Lesson	Create an interesting, memorable and useful video using video clips, music and/or graphics.			1, 4
	114	Graphic Design	Create an original design using Adobe Photoshop (or supported software). Promotional material, logo, book cover, etc.			1, 4
	116	Podcast - Audio	Contestants present an original audio podcast program. May be dramatic, interview or monologue style. 1 - 4 students.			1, 4
	117	Podcast - Video	Contestants present an original video podcast program. May be dramatic, interview or monologue style. 1 - 4 students.			1, 4
Performance Competitions						
	121	Bible Trivia Team	Team of two students who can collaboratively answer questions on Bible knowledge.	2		3
	122	Spelling	Study the official word list in the guidelines. Complete a spelling test at convention.	2		3
	123	Checkers	Single elimination checkers tournament.	2		3
	124	Chess	Single elimination chess tournament.	2		3
	125	Crokinole	Single elimination crokinole tournament	2		3
Science Display						
	131	Science-Collection	Classification and display. Examples: rocks, insects, leaves, etc. Man-made objects are not allowed.			4
	132	Science-Research	Develop a hypothesis, perform an experiment, record results, write your conclusion, and exhibit your work.			4
	133	Science-Engineering	Build electronic equipment, optical devices, solar energy converter, etc., using scientific principles to perform a task.			4
	134	Science-Theoretical	An exhibit displaying a discussion of a scientific principle, concept, technique, or theory using visual aids.			4
ARTS						
	201	Ceramics, Dry Brushed	Clean and kiln-fire, paint with stain then dry brush over top.			4
	202	Ceramics, Glazed	Clean and kiln-fire, paint with glaze, then fire again.			4
	203	Ceramics, Stained	Clean and kiln-fire, then paint with stain. May be coated with a spray sealer.			4
	204	Clay Sculpture	Clay sculpture is the process of shaping clay by hand or with tools to create intricate forms like figurines, then baking to harden.			4
	205	Modeling Clay	A soft, pliable clay available in a range of colors, good for creating clay creations that don't need to be baked or hardened.			4
	211	Painting, Oil	Oil painting in realistic style framed and ready for display. No abstract or surrealism, image of Christ or color-by-number.			4
	212	Painting, Watercolor	Watercolor painting in realistic style framed and ready for display. No abstract or surrealism, image of Christ or color-by-number.			4
	213	Painting, Acrylics	Acrylic painting in realistic style framed and ready for display. No abstract or surrealism, image of Christ or color-by-number.			4
	214	Drawing, Sketching	Original sketch framed and ready for display. No abstract or surrealism or image of Christ.			4
	215	Drawing, Pen and Ink	Original pen & ink drawing framed and ready for display. No abstract or surrealism or image of Christ.			4
	216	Drawing, Pastels	Original pastel drawing framed and ready for display. No abstract or surrealism or image of Christ.			4
	217	Drawing, Chalk/Charcoal	Original chalk/charcoal drawing framed and ready for display. No abstract or surrealism or image of Christ.			4
	218	Drawing, Colored Pencils	Original colored pencil drawing framed and ready for display. No abstract or surrealism or image of Christ.			4
	219	Drawing, Cartoon	Original cartoon drawing framed and ready for display. No inappropriate humor or portrayal of the image of Christ.			4
	221	Woodworking, Power Tools	Entry made entirely of wood except for screws and hinges. Contestant may use power tools and hand tools. No small craft items.			4
	222	Woodworking, Hand Tools	Entry made entirely of wood except for screws and hinges. Contestant may use only hand tools. No small craft items.			4
	223	Metalworking	Entry made entirely of metal. Contestant may use any type of power tools needed. No small craft items.			4
	231	Cake Decorating, Traditional	Entry must be a single cake with traditional frosting and be entirely edible. A brief explanation of the project should be included.			4
	232	Cake Decorating, Fondant	Entry must be a single cake with fondant frosting and be entirely edible. A brief explanation of the project should be included.			4
	233	Cake Decorating, Cupcakes	One dozen cupcakes in foil or paper baking cups. A brief explanation of the project should be included.			4
	241	Floral Arranging	An arrangement of dried or silk flowers. A brief explanation of the project should be included.			4
	242	Place Setting/Table Décor	Setting for 4 on a 3x3 square table. Should include a menu, place settings, décor and an explanation of the project.			4
	251	Scrapbook Page	8 1/2 "x11" or 12"x12" single or double scrapbook page with photos and embellishments in a page protector. No templates or digital pages.			4
	261	Repurpose It!	Repurpose any item. Must be able to withstand intended use. Include a project report and photo of original item.			4
	271	Miscellaneous Art	This category is used for any art form that is not included in any other category.			4
	272	Miscellaneous Art - Lego	Entry must be built using LEGO building blocks. Must be contestant's own design built completely from scratch. 30" x 30" or less.			4

PHOTOGRAPHY (Early Entry)				
301	B&W Character Trait Picture	A B&W photo that portrays one of the forty character traits listed in guidelines. Trait must be listed on display card attached to photo.		1, 4
302	B&W Scenic	A B&W photo of a picturesque outdoor setting or landscape. No closeups of flowers. (These should be entered in Wildlife.)		1, 4
303	B&W Still Life	A B&W photo of a picturesque indoor arrangement of objects.		1, 4
304	B&W Wildlife	A B&W photo of animals, birds, flowers, insects, etc. No domestic animals.		1, 4
305	B&W Photo Journalism	A B&W photo telling a story of a person, place, or thing that could be used as an article; i.e., current events.		1, 4
306	B&W Studio Portrait	A B&W posed studio portrait of a person or group of people.		1, 4
307	B&W Candid Shot	A B&W photo captured without creating a posed appearance. Avoid prior preparation or distracting of the subject while taking photo.		1, 4
308	B&W Special Effects	A purposeful use of objects, lighting, lenses, or other equipment to create an illusion or unusual effect. Include an explanation.		1, 4
311	Character Trait Picture	A photo that portrays one of the forty character traits listed in guidelines. Trait must be listed on display card attached to photo.		1, 4
312	Scenic	A photo of a picturesque outdoor setting or landscape.No closeups of flowers. (These should be entered in Wildlife.)		1, 4
313	Still Life	A photo of a picturesque indoor arrangement of objects.		1, 4
314	Wildlife	A photo of animals, birds, flowers, insects, etc. No domestic animals.		1, 4
315	Photo Journalism	A photo telling a story of a person, place, or thing that could be used as an article; i.e., current events.		1, 4
316	Studio Portrait	A posed studio portrait of a person or group of people.		1, 4
317	Candid Shot	A photo captured without creating a posed appearance. Avoid prior preparation or distracting of the subject while taking photo.		1, 4
318	Special Effects	A purposeful use of objects, lighting, lenses, or other equipment to create an illusion or unusual effect. Include an explanation.		1, 4
SEWING/NEEDLECRAFT				
401	Garments, Separates	Shirts, skirts etc.Submit pattern, report with project summary, photo of someone wearing the garment. Must be modest.		4
402	Garments, One Piece	Dresses, formals etc.Submit pattern, report with project summary, photo of someone wearing the garment. Must be modest.		4
403	Garments, Repurposed Clothing	Repurposed clothing.Submit report with project summary, before photo and after photo of someone wearing the garment. Must be modest.		4
412	Counted Cross-stitch	No stamped cross stitch. Pictures must be framed. Back must be accessible for judging. Ex: tablecloths, place-mats, pictures, samplers		4
414	Crochet	Submit pattern and report. Ex: baby afghans, shawls, tablecloths, bedspreads, dresses, sweaters, baby garment sets		4
415	Embroidery	Decorating fabric with embroidery floss or thread. Back must be accessible for judging. Pictures must be framed.Submit pattern and report.		4
416	Knitting	Machine knitting not allowed. Submit pattern and report.Ex: baby afghans, shawls, tablecloths, bedspreads, dresses, sweaters, etc.		4
418	Quilts	Quilts may be machine or hand constructed. Submit pattern and report. Minimum size: 36" x 36"		4
421	Home Décor	Anything made from fabric used in home décor. No Latch-hook or Punch & Sew. Ex: scarves, tablecloths, runners, pillows, placemats		4
422	Miscellaneous Sewing	This category is saved for any needle & thread project that does not fit any other category. No latch-hook or Punch & Sew.		4
MUSIC				
Early Entry				
501	Song Writing	Contestant writes an original song with a Christian, evangelistic or Biblical theme. Sheet music and recording required.		1, 4
502	Music Arranging	Students create a new arrangement of a pre-existing melody with updated harmonies or formats for voice, keyboard, or instruments.		1, 4
Vocal				
511	Vocal Solo	Singers who do not accompany themselves, with the focus solely on their vocal performance.	3	3
512	Vocal Group	Two or more singers who do not accompany themselves, with the focus solely on their vocal performance.	3	3
Vocal/Instrumental				
521	Vocal/Instrumental Solo	Singers who accompany themselves, with only the vocal performance judged and the instrumental portion excluded from scoring.	3	3
522	Vocal/Instrumental Group	Two or more singers who accompany themselves, with only the vocal performance judged and the instrumental portion excluded from scoring.	3	3
Instrumental				
531	Piano Solo	Piano selection which is Christian, patriotic or classical. Sheet music required.	3	3
533	Piano Duet	Two contestants playing the same piano. Sheet music required.	3	3
534	Solo-Woodwind	Flute, Piccolo, Oboe, English Horn, Clarinet, Bassoon, Saxophone. Accompaniment limited to piano, drums, and bass guitar. Sheet music reqd.	3	3
535	Solo-String (Plucked)	Harp, classical guitar, banjo, mandolin. Accompaniment limited to piano, drums, and bass guitar. Sheet music required.	3	3
536	Solo-String (Bowed)	Violin, viola, cello, and string bass. Accompaniment limited to piano, drums, and bass guitar. Sheet music required.	3	3
537	Solo-Brass	Trumpet, French Horn, Tuba, Cornet and Trombone. Accompaniment limited to piano, drums, and bass guitar. Sheet music required.	3	3
538	Solo-Miscellaneous	Accordion, marimba, xylophone, drums, etc. Amplified instruments permitted. Accompaniment limited to piano, drums, and bass guitar.	3	3
543	Instrumental Group	Two or more contestants with any combination of instruments. Sheet music required.	3	3
PERSUASIVE/DRAMATICS				
Speech				
601	Oral Argument	Contestant writes and delivers an original oral presentation similar to that a Christian attorney might present. Examples in guidelines.	3	3
602	Oratory	Contestant chooses a topic and presents an eloquent and effective speech with a good thesis that is directed to the emotions and convincing.	3	3
603	Famous Speech	Contestant chooses a speech, sermon, or article written or delivered by another person, usually of public significance.	3	3
604	Preaching	Contestant must prepare and deliver an original sermon.	3	3
Dramatics				
611	Expressive Reading	A memorized interpretation by an individual of a dialogue between two or more characters, or a reading in the first person.	3	3
612	Poetry Recitation	Contestant chooses a poem to recite. Poem must be memorized. No singing or costumes.	3	3
613	Illustrated Storytelling	Contestant tells, from memory, a Bible-based story. May use visual aids, costume, sound effects, or any "prop" that enhances story.	2, 4	3
614	Dramatic Monologue	Character of a protagonist is vividly revealed in an original monologue written and performed by the contestant.	3, 4	3
615	Dramatic Dialogue	Two contestants present an original dialogue or an adaptation of a written dialogue between two individuals.	3	3
622	Clown Act	This is a one-person act intended to be with the traditional "Circus Clown" appearance. Costume and at least 4 hand-held props required.	4	3
623	Ventriloquism	The object is to animate a dummy in such a manner as to present a lifelike act and convince the audience that the dummy is actually talking.	3, 4	3
624	Puppets	1-2 puppeteers provide their own background and equipment. Recorded sound effects may be used. Verbal communication must be live.	3	3
626	Puppet Evangelism	Any number of contestants may act out a script, lip sync a song or have a person outside of a stage interact with a puppet.	2, 4	3
630	One-Act Play/Skit	Up to 5 contestants present a play with two scenes illustrating a Christian theme.	2, 4	3
Signing				
641	Dramatic Signing Solo	A musical interpretation in which the message of a song is vividly portrayed in interpretive form through the use of sign-language.	3, 4	3
642	Dramatic Signing Team	A musical interpretation in which the message of a song is vividly portrayed in interpretive form through the use of sign-language.	3, 4	3
ATHLETICS				
Track & Field				
701	100-Meter Dash (Male)		1	2, 3
702	100-Meter Dash (Female)		1	2, 3
703	400-Meter Dash (Male)		1	2, 3
704	400-Meter Dash (Female)		1	2, 3
705	1600-Meter Run (Male)		1	2, 3
706	400-Meter Relay (Male)		1	2, 3
707	400-Meter Relay (Female)		1	2, 3
708	Physical Fitness	The contestant must do the exercises in the following order (1) pull-ups, (2) push-ups, (3) sit-ups. Places determined by points.	1	2, 3
Table Tennis				
711	Table Tennis	3 preliminary games of 11 points up to the quarterfinals. From the quarterfinals, each game will be 21 points.	1	2, 3
Shooting				
731	Archery, Unlimited Free Style	Any bow (compound or recurve) may be used. A release aid, adjustable sights, stabilizers, and wings will be allowed.	1	2, 3
732	Archery, Traditional Instinctive	This class is restricted to recurve, long bows, and self-made bows. No sights, stabilizers, or wings. An arrow rest and nock are allowed.	1	2, 3
733	Air Rifle, Spring/Gas Piston	Any air rifle that uses spring piston or gas piston to shoot pellets may be used. Example: break-barrel or under-lever air rifle	1	2, 3
734	Air Rifle, Pre-Charged Pneumatic	Any Pre-charged pneumatic (PCP) air rifle may be used. PCP air rifles use air stored in a high-pressure reservoir on the gun.	1	2, 3