

EXCEL Convention Events Worksheet

DIVISIONS	EXCEL AWARD	ENTRY RULES/LIMITS
Junior Division: 9-12 on December 31st of current school year Senior Division: 13-18 on December 31st of current school year	This award is for demonstrating excellence in many categories. To be eligible contestants must enter at least one event in each of the following categories:	1 Early Entry: Due March 25, Maximum 6 per student 2 Athletics: Maximum 6 per student Students entering athletics must enter 2 or more non-athletic events. 3 Performance: Maximum 6 per student 4 Display/Non-Performance: Maximum 6 per student NOTE: Maximum 18 events per student.
DRESS CODE KEY		
1. Casual or Athletic Wear - see guidelines for appropriate wear 2. Business Casual - comfortable but professional 3. Dress Attire - suit jacket & tie for boys/dress clothes for girls See guidelines for details of dress code requirements.	1. Academics 2. Arts 3. Platform Performance (Music or Persuasive/Dramatics)	

HOW TO REGISTER & PREPARE FOR CONVENTION

www.oregonexcel.com/excelconvention

1	Use the worksheet below to choose your competitions .
2	Read the guidelines carefully to make sure you understand the description, requirements and judging criteria for each category entered.
3	Register online. There will be a "Parent Permission" section on the registration form. The entry fee is \$40. Registration is open from January 1st - February 28th .
4	On or before March 25th , fill out a judge form online for each of your entries. No forms needed for Performance Competitions (121-125), and Athletics (701-734). For performances you will also need to upload any soundtracks, music, scripts or lyrics . Early entries are also due on March 25th with the judge form. This includes writing, technology and photography.
5	Prepare your entries. All display entries must be checked in at registration with a display card or label that is firmly attached and clearly visible. Example label: Student Name City, State Division (Junior/Senior) Category (i.e. Oil Painting)

COMPETITION CATEGORIES

☒ Category	Description	Dress	Category
ACADEMICS			
Writing (Early Entry)			
101	Essay Writing		1, 4
102	Poetry Writing		1, 4
103	Short Story Writing		1, 4
Technology (Early Entry)			
111	Web Site Design		1, 4
112	Multimedia Presentation		1, 4
113	Video Lesson		1, 4
114	Graphic Design		1, 4
116	Podcast - Audio		1, 4
117	Podcast - Video		1, 4
Performance Competitions			
121	Bible Trivia Team	2	3
122	Spelling	2	3
123	Checkers	2	3
124	Chess	2	3
125	Crokinole	2	3
Science Display			
131	Science-Collection		4
132	Science-Research		4
133	Science-Engineering		4
134	Science-Theoretical		4
ARTS			
201	Ceramics, Dry Brushed		4
202	Ceramics, Glazed		4
203	Ceramics, Stained		4
204	Clay Sculpture		4
205	Modeling Clay		4
211	Painting, Oil		4
212	Painting, Watercolor		4
213	Painting, Acrylics		4
214	Drawing, Sketching		4
215	Drawing, Pen and Ink		4
216	Drawing, Pastels		4
217	Drawing, Chalk/Charcoal		4
218	Drawing, Colored Pencils		4
219	Drawing, Cartoon		4
221	Woodworking, Power Tools		4
222	Woodworking, Hand Tools		4
223	Metalworking		4
231	Cake Decorating, Traditional		4
232	Cake Decorating, Fondant		4
233	Cake Decorating, Cupcakes		4
241	Floral Arranging		4
242	Place Setting/Table Décor		4
251	Scrapbook Page		4
261	Repurpose It!		4
271	Miscellaneous Art		4
272	Miscellaneous Art - Lego		4

PHOTOGRAPHY (Early Entry)				
301	B&W Character Trait Picture	A B&W photo that portrays one of the forty character traits listed in guidelines. Trait must be listed on display card attached to photo.		1, 4
302	B&W Scenic	A B&W photo of a picturesque outdoor setting. No closeups of flowers. (These should be entered in Wildlife.)		1, 4
303	B&W Still Life	A B&W photo of a picturesque indoor arrangement of objects.		1, 4
304	B&W Wildlife	A B&W photo of animals, birds, flowers, insects, etc. No domestic animals.		1, 4
305	B&W Photo Journalism	A B&W photo telling a story of a person, place, or thing that could be used as an article; i.e., current events.		1, 4
306	B&W Studio Portrait	A B&W posed studio portrait of a person or group of people.		1, 4
307	B&W Candid Shot	A B&W photo captured without creating a posed appearance. Avoid prior preparation or distracting of the subject while taking photo.		1, 4
308	B&W Special Effects	A purposeful use of objects, lighting, lenses, or other equipment to create an illusion or unusual effect. Include an explanation.		1, 4
311	Character Portrait	A photo that portrays one of the forty character traits listed in guidelines. Trait must be listed on display card attached to photo.		1, 4
312	Scenic	A photo of a picturesque outdoor setting. No closeups of flowers. (These should be entered in Wildlife.)		1, 4
313	Still Life	A photo of a picturesque indoor arrangement of objects.		1, 4
314	Wildlife	A photo of animals, birds, flowers, insects, etc. No domestic animals.		1, 4
315	Photo Journalism	A photo telling a story of a person, place, or thing that could be used as an article; i.e., current events.		1, 4
316	Studio Portrait	A posed studio portrait of a person or group of people.		1, 4
317	Candid Shot	A photo captured without creating a posed appearance. Avoid prior preparation or distracting of the subject while taking photo.		1, 4
318	Special Effects	A purposeful use of objects, lighting, lenses, or other equipment to create an illusion or unusual effect. Include an explanation.		1, 4
SEWING/NEEDLECRAFT				
401	Garments, Separates	Shirts, skirts etc. Submit pattern, report with project summary, photo of someone wearing the garment. Must be modest.		4
402	Garments, One Piece	Dresses, formals etc. Submit pattern, report with project summary, photo of someone wearing the garment. Must be modest.		4
403	Garments, Repurposed Clothing	Repurposed clothing. Submit report with project summary, before photo and after photo of someone wearing the garment. Must be modest.		4
412	Counted Cross-stitch	No stamped cross stitch. Pictures must be framed. Back must be accessible for judging. Ex: tablecloths, place-mats, pictures, samplers		4
414	Crochet	Submit pattern and report. Ex: baby afghans, shawls, tablecloths, bedspreads, dresses, sweaters, baby garment sets		4
415	Embroidery	Decorating fabric with embroidery floss or thread. Back must be accessible for judging. Pictures must be framed. Submit pattern and report.		4
416	Knitting	Machine knitting not allowed. Submit pattern and report. Ex: baby afghans, shawls, tablecloths, bedspreads, dresses, sweaters, etc.		4
418	Quilts	Quilts may be machine or hand constructed. Submit pattern and report. Minimum size: 36" x 36"		4
421	Home Décor	Anything made from fabric used in home décor. No Latch-hook or Punch & Sew. Ex: scarves, tablecloths, runners, pillows, placemats		4
422	Miscellaneous Sewing	This category is saved for any needle & thread project that does not fit any other category. No latch-hook or Punch & Sew.		4
MUSIC				
Early Entry				
501	Song Writing	Contestant writes an original song with a Christian, evangelistic or Biblical theme. Sheet music and recording required.		1, 4
502	Music Arranging	Students create a new arrangement of a pre-existing melody with updated harmonies or formats for voice, keyboard, or instruments.		1, 4
Vocal				
511	Vocal Solo	Singers who do not accompany themselves, with the focus solely on their vocal performance.	3	3
512	Vocal Group	Two or more singers who do not accompany themselves, with the focus solely on their vocal performance.	3	3
Instrumental				
531	Piano Solo	Piano selection which is Christian, patriotic or classical. Sheet music required.	3	3
533	Piano Duet	Two contestants playing the same piano. Sheet music required.	3	3
534	Solo-Woodwind	Flute, Piccolo, Oboe, English Horn, Clarinet, Bassoon, Saxophone. Accompaniment limited to piano, drums, and bass guitar. Sheet music reqd.	3	3
535	Solo-String (Plucked)	Harp, classical guitar, banjo, mandolin. Accompaniment limited to piano, drums, and bass guitar. Sheet music required.	3	3
536	Solo-String (Bowed)	Violin, viola, cello, and string bass. Accompaniment limited to piano, drums, and bass guitar. Sheet music required.	3	3
537	Solo-Brass	Trumpet, French Horn, Tuba, Cornet and Trombone. Accompaniment limited to piano, drums, and bass guitar. Sheet music required.	3	3
538	Solo-Miscellaneous	Accordion, marimba, xylophone, drums, etc. Amplified instruments permitted. Accompaniment limited to piano, drums, and bass guitar.	3	3
543	Instrumental Group	Two or more contestants with any combination of instruments. Sheet music required.	3	3
Vocal/Instrumental				
551	Vocal/Instrumental Solo	Singers who accompany themselves, with only the vocal performance judged and the instrumental portion excluded from scoring.	3	3
552	Vocal/Instrumental Group	Two or more singers who accompany themselves, with only the vocal performance judged and the instrumental portion excluded from scoring.	3	3
PERSUASIVE/DRAMATICS				
Speech				
601	Oral Argument	Contestant writes and delivers an original oral presentation similar to that a Christian attorney might present. Examples in guidelines.	3	3
602	Oratory	Contestant chooses a topic and presents an eloquent and effective speech with a good thesis that is directed to the emotions and convincing.	3	3
603	Famous Speech	Contestant chooses a speech, sermon, or article written or delivered by another person, usually of public significance.	3	3
604	Preaching	Contestant must prepare and deliver an original sermon.	3	3
Dramatics				
611	Expressive Reading	A memorized interpretation by an individual of a dialogue between two or more characters, or a reading in the first person.	3	3
612	Poetry Recitation	Contestant chooses a poem to recite. Poem must be memorized. No singing or costumes.	3	3
613	Illustrated Storytelling	Contestant tells, from memory, a Bible-based story. May use visual aids, costume, sound effects, or any "prop" that enhances story.	3	3
614	Dramatic Monologue	Character of a protagonist is vividly revealed in an original monologue written and performed by the contestant.	3	3
615	Dramatic Dialogue	Two contestants present an original dialogue or an adaptation of a written dialogue between two individuals.	3	3
622	Clown Act	This is a one-person act intended to be with the traditional "Circus Clown" appearance. Costume and at least 4 hand-held props required.	3	3
623	Ventriloquism	The object is to animate a dummy in such a manner as to present a lifelike act and convince the audience that the dummy is actually talking.	3	3
624	Puppets	1-2 puppeteers provide their own background and equipment. Recorded sound effects may be used. Verbal communication must be live.	3	3
626	Puppet Evangelism	Any number of contestants may act out a script, lip sync a song or have a person outside of a stage interact with a puppet.	3	3
630	One-Act Play/Skit	Up to 5 contestants present a play with two scenes illustrating a Christian theme.	3	3
Signing				
641	Dramatic Signing Solo	A musical interpretation in which the message of a song is vividly portrayed in interpretive form through the use of sign-language.	3	3
642	Dramatic Signing Team	A musical interpretation in which the message of a song is vividly portrayed in interpretive form through the use of sign-language.	3	3
ATHLETICS				
Track & Field				
701	100-Meter Dash (Male)		1	2, 3
702	100-Meter Dash (Female)		1	2, 3
703	400-Meter Dash (Male)		1	2, 3
704	400-Meter Dash (Female)		1	2, 3
705	1600-Meter Run (Male)		1	2, 3
706	400-Meter Relay (Male)		1	2, 3
707	400-Meter Relay (Female)		1	2, 3
708	Physical Fitness	The contestant must do the exercises in the following order (1) pull-ups, (2) push-ups, (3) sit-ups. Places determined by points.	1	2, 3
Table Tennis				
711	Table Tennis	3 preliminary games of 11 points up to the quarterfinals. From the quarterfinals, each game will be 21 points.	1	2, 3
Team Sports				
721	Basketball		1	2, 3
722	Volleyball		1	2, 3
Shooting				
731	Archery, Unlimited Free Style	Any bow (compound or recurve) may be used. A release aid, adjustable sights, stabilizers, and wings will be allowed.	1	2, 3
732	Archery, Traditional Instinctive	This class is restricted to recurve, long bows, and self-made bows. No sights, stabilizers, or wings. An arrow rest and nock are allowed.	1	2, 3
733	Air Rifle, Spring/Gas Piston	Any air rifle that uses spring piston or gas piston to shoot pellets may be used. Example: break-barrel or under-lever air rifle	1	2, 3
734	Air Rifle, Pre-Charged Pneumatic	Any Pre-charged pneumatic (PCP) air rifle may be used. PCP air rifles use air stored in a high-pressure reservoir on the gun.	1	2, 3